

THE FEMALE LEADER

There is so much talk about the unique value that the female perspective brings to the workplace yet being a successful female leader in today's organisations remains a challenge.

Why should you invest your valuable time in The Female Leader programme?

Because by celebrating and embracing the differences that women bring to the workplace you will not only be part of the conversation, you will be part of the solution.

Because by nurturing and expanding your leadership skills, you will become even more influential and relevant in your organisation.

Because when you know what your purpose is and how to be more resilient in pursuit of it, you will significantly increase your capacity to get things done.

Because women tend to hold back until they feel 'ready', it's up to you to build your confidence to take risks, to put yourself forward and to proactively create opportunities for yourself.

What can you expect?

The opportunity to explore your individual strengths and examine the specific challenges you face on your path to becoming an effective leader.

A suite of insights, debriefed by an expert, that will peel back the layers of your thinking style and reveal how you make decisions and interact with others.

Personal coaching time to explore your brand and how you put your leadership in action with authenticity to meet the demands of your unique work and life situation.

A personal action plan and a range of new skills to manage yourself through the stresses of leading in the modern workplace and succeeding in your ongoing career.

The time to share stories with other accomplished female leaders and our expert programme facilitators and to learn from each others' experiences.

Membership of a powerful network of The Female Leader alumni with exclusive access to learning events and personal and professional support for your ongoing leadership journey.

What can your organisation expect?

By supporting your participation in The Female Leader programme, your organisation will demonstrate its commitment to diversity and to preparing its existing, emerging and aspiring female leaders to lead in a unique and female way.

On return to your workplace, you will find yourself being a confident female leader who will proactively add the unique attributes of female leadership to the leadership mix and provide a role model for future female leaders.

Research has shown that organisations with more women in senior positions perform better financially.

By supporting women to develop their confidence and capability as female leader, your organisation is more likely to retain its key female talent.

Who should attend?

Women who are, and aspire to be, in a leadership role in whatever sector they are part of - emerging and experienced female leaders will benefit from this programme.



“The business benefits of gender balance in leadership teams are clear. There is evidence of improved organisational performance; improved financial performance; better insights into customer needs and critical markets; improved customer satisfaction; greater innovation, creativity and productivity; improved employee engagement; improved risk and audit oversight; better decision-making; and increased competitive advantage.”

- Ministry of Women's Affairs



PROGRAMME

This 3-day residential programme has been developed by experts who work with leaders both in New Zealand and internationally. The small size of each learning event will ensure that each individual and their specific challenges and situation will receive intensive attention.

Before the Programme you will be asked to:

- Consider what it means to be a female leader / what are you noticing that is working, not working / what are your challenges? Be prepared to discuss your thoughts.
- Think about your top three leadership objectives and one personal objective.
- Complete an online survey designed to give you unique insights into yourself. We will explore these insights individually and as a group throughout the programme.
- Complete an online personalised health risk and fitness assessment. This will provide you with the knowledge and understanding of how your past and current lifestyle is affecting your wellness and performance as a female leader.

Day One

Introduction

- Getting to know you
- Outcomes of the programme

Setting the Context

We all lead differently and this is a good thing, what we need to understand is how women lead differently from men and how to embrace the differences. (Combination of individual, paired, and group work.)

- What does it mean to be a female leader in today's society?
- What does it mean to you, to be a female leader?
- What are your key challenges as a female leader?
- What are your key leadership objectives / goals?

Understanding your Thinking

This session will focus on understanding the way that you make decisions and how that drives your strengths, blockers and challenges.

- The science behind your value structure and how to translate that theory into an action plan to meet and beat your challenges
- Understanding different thinking styles, how that can impact on your leadership of others people and how you flex to meet their needs
- Reflection and journaling time

Health of Body and Mind: Introduction to the wellness sessions that will run throughout the programme

Day Two

Early morning health and wellness session as an optional way to start the day

Personal Debriefs & Peer Coaching

This session will explore why you think the way you do, why you make decisions the way you do, and what impact that has for your leadership objectives.

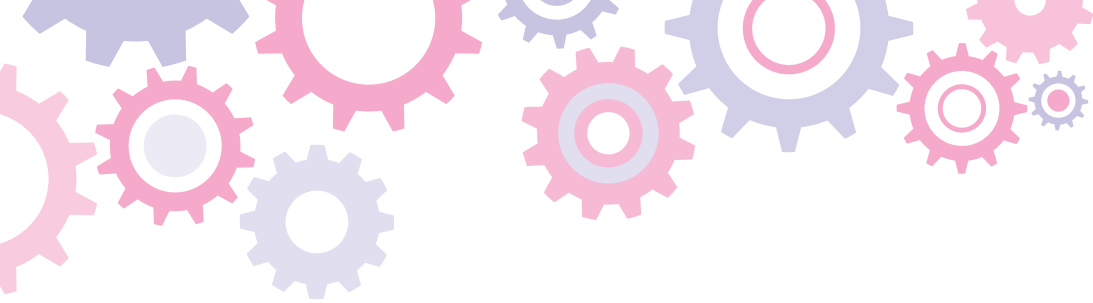
Managing Career Transitions

- Map out your horizon model (your personal strategic plan)
- Understand and gain clarity on your own personal purpose (your why)
- Explore your purpose and passion (what are you good at and what do you enjoy?)
- Understand key career success strategies - willingness to work hard / back yourself (lean in) / courage to put yourself out there and to take risks

Managing Roadblocks

Understand and gain awareness of existing and potential roadblocks to your career success.

- This will include examining internal and external roadblocks as well as a greater understanding of "how do I get in my own way?"
- Learn practical and theoretical strategies for overcoming career roadblocks in a supportive and participative environment



BOOKINGS

Day Three

Early morning health and wellness session as an optional way to start the day

Building an Authentic Personal Brand for Leadership

- What is a leadership brand?
- Understanding your personal brand
- How do you develop your influence?
- Effective and relevant networking
- Developing a brand plan and actions

Presentation Skills

This session will cover:

- What does it take to present well
- The power of positive presentations

Goal Setting

- Mapping your forward path and actions

Alumni

- Graduation into The Female Leader alumni programme
- Networks
- Expectations
- Future events

Final Reflections



Marlborough Vintners Hotel

16th - 18th October 2019

\$4950 + GST*

*Participant numbers will be limited. Travel additional.

BOOK NOW AT: thefemaleleader@altris.co.nz

The Female Leader Scholarship

Altris are delighted to continue their support of the The Female Leader scholarship which enables one aspiring female leader in New Zealand to participate in the October 2019 programme to be held in Marlborough, New Zealand.

Applications will open on 1st August 2019.

“I want to be all that I am capable of becoming.”

- Katherine Mansfield





WHO WE ARE

Your Expert Programme Facilitators



Jayne Chater

Jayne brings her years of experience working with senior executives to her understanding of the challenges that face working women and their employers. Jayne will work with participants in The Female Leader programme to connect their own sense of purpose with their career journey. Jayne's energy is boundless and her desire is to create a better New Zealand through developing stronger leadership.



Fiona Fenwick

Fiona has held senior leadership roles in several international organisations before setting up her own companies as a way of getting the flexible work balance she wanted for raising her family. Fiona is passionate about individuals owning their personal brand, developing their reputation and gaining the influence required to be a successful leader. Fiona is also an advocate of women growing and developing strong and effective professional networks.

Our Fabulous Alumni

We are proud to have a very strong and engaged alumni who offer support and connectivity to fellow participants of The Female Leader Programme since its inception in 2016.

Each member represents a wide cross section of ages and backgrounds, from entrepreneurs to independent directors, from young aspiring leaders to seasoned professionals, from Olympians to CEO's, from Government to Corporates and everything in between!

They now have one significant thing in common - they are graduates of The Female Leader and have since made significant developments in their desire to be more effective leaders.

Guest Experts

We are delighted to include a variety of leading experts in relevant fields to join us on The Female Leader. Some will lead sessions throughout the Programme, benefiting participants from their knowledge and skill sets.

In addition we will have guests join us at various times. These senior women will share the benefits of their experience and wisdom and enable participants to explore what worked for them and how they have made their unique way on the leadership journey. This will involve sharing their stories of success and failure in an intimate setting which provides quality time for participants to discuss relevant issues and benefit from these experiences.

“ Life changing ” - NC

“ You don't know what you're missing in your leadership toolkit until you really focus on what you want to achieve and what's blocking you. It didn't take me long in this environment to have my eureka moment. It really has made me rethink what I thought I knew and helped me put steps in place already to get to where I want to be. ”

- AM

“ I have done many leadership programmes but always felt that I was being urged to fit in with a specific model or plan. The Female Leader looked at me and who I was as an my own individual style and the helped me work out how to be the most effective and authentic leader I could be. It's been a game changer. ”

- GY

“ They really looked after us - mind, body and soul. For three days I didn't have to think about anything except myself. I was nurtured, challenged, exhausted, invigorated, empowered and inspired. ”

- BN